



Stay sane: Colin Lane tells us how to raise kids.

Parent lessons on telly

FORGET about poring over page after page of parenting books.

The Raising Children Network has produced a parenting DVD that will be distributed free of charge by the Federal Government this year — reportedly a world-first.

The five-hour feature, which will be released tomorrow, is an in-depth guide on looking after children up to age five.

Colin Lane, one half of former comedy duo Lano and Woodley, and

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father of three, appears on the DVD. He said he wished the DVD had been available before he became a father.

“The DVD is very informative and beneficial, offering people expert and ‘everyday parents’ opinions,” Mr Lane said.

“I think the DVD should have a follow-up. Making your children eat broccoli, that’s easy — now I need help with the ‘tweens,’” he said.